Alopecia Areata Questionnaire

This questionnaire can help you prepare for a conversation with your doctor about your alopecia areata symptoms and possibly participating in a clinical trial.

Fill in the answers to each question and take this with you to your next appointment with your health care provider.

Circle areas where you have hair loss.

What is your age? If applicable, how many hair loss patches do you currently have?

How long have you had hair loss? If applicable, what is the largest number of hair loss patches you have had in the past at the same time?

Diagnosis  Date of Diagnosis
☐ alopecia areata
☐ alopecia totalis
☐ alopecia universalis
☐ undiagnosed

How would you describe the severity of your alopecia areata? How would you describe the size of your hair loss patches – dime, nickel, quarter, other?

Has your hair fully grown back? If so, when and for how long?

What percentage of your scalp is affected? How long has your current active episode of alopecia areata persisted?

Your Treatment History

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<th>Current</th>
<th>Past</th>
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<tbody>
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<td>Treatment</td>
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<td>Results</td>
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What’s New in Alopecia Areata Research?  For more information about research for alopecia areata treatments, visit AlopeciaAreataResearch.com